

# **Best Practice-1**

## **Students' Mentoring System**

### **The Context**

Students admitted in the first year have various academic and personal problems. This leads to poor academic performance. It is not possible to give personal guidance and counselling to each and every student in the classroom. To solve this problem, a 'mentoring system' was introduced in the college. It is required to promote emotional stability, clarity in thinking and decision making among students. Mentoring helps the students to solve their academic and personal problems.

### **Objectives of the practice**

1. To help the students in solving their academic and personal problems
2. To improve the academic performance of student teachers
3. To minimize dropouts through personal guidance and counselling

### **The Practice**

All regular full time faculty members are part of the mentoring system. Each faculty member who acted as a mentor is assigned 15 to 20 students. They meet once a week to share, discuss and clarify various problems which may be personal or academic. The mentor kept all necessary information about his/her mentee in a file. The mentor can talk to parents or local guardians as and when he feels necessary.

### **Obstacles faced if any and strategies adopted to overcome them**

At the beginning of the mentoring sessions the students felt shy to reveal their problems. After gaining rapport in due course students gradually came forward to express their problems. It enables the faculty to guide the students in the right direction.

### **Impact of the practice**

Evidence of success of the practice includes more regular attendance, better discipline, increased participation in curricular and co-curricular activities, better relationship between faculty members and students and better results in university examinations.

### **Resources required**

This practice requires committed teaching faculty who have the desire to help students for their improvement.

### **Contact person for further details**

Dr. A.B. Bhatnagar, Principal, Saraswati College of Professional Studies, Ghaziabad, Uttar Pradesh.



## **Best Practice-2**

### **Environmental Awareness through Student and Staff Motivation**

#### **The Context**

Environmental awareness is about being aware of our natural surroundings, and understanding how our actions affect the well-being of the environments where we live as well as globally. The environment refers to all parts of nature, living and nonliving. Being aware of the environment is important because of the increasing environmental challenges the world is experiencing: climate change, deforestation, droughts, floods, global warming, water scarcity and pollution. Understanding these issues, and making lifestyle changes that add to environmental conservation, is what environmental awareness is all about. We as academicians and parts of the society are also responsible for generation of environmental awareness among our students who are the torch-bearers of tomorrow, the college has taken up the issue seriously and devised certain practices for environmental protection and awareness.

#### **Objective of the Practice**

To develop a responsible and environmentally conscious approach in our students and staff

#### **The Practice**

Following practices are performed for the purpose 1. Students and staff have been instructed to switch off the lights and fans when the class-room is not in use. 2. All high wattage bulbs of the college have been replaced by CFLs and LED lights to reduce power consumption. 3. Garden based like twigs, leaves and flowers etc are composted and not burnt. 4. Use of polythenes has been minimized. 5. Potted plants have been placed in the corridors to increase green cover. 6. Online and soft copies of documents are used more and more to reduce the use of papers. 7. Tree plantation drives are conducted each year to increase the green cover of the College. 8. Environmental awareness lectures, programmes and activities are regularly organized by the environment club of the college.

#### **Obstacles faced if any and strategies adopted to overcome them**

In the beginning, the unwilling approach of the staff to switch over from paper to electronic mode of working.

#### **Impact of Practice**

A success is evident from the following results:- 1. Reduced electricity bills 2. Increased green cover of the college 3. Improvement in overall ambience and environment of the college. 4. Tree plantation and cleanliness drive on various occasions.

#### **Resources required**

This practice requires committed teaching faculty who have the desire to motivate students for environmental awareness.

#### **Contact person for further details**

Dr. A.B. Bhatnagar, Principal, Saraswati College of Professional Studies, Ghaziabad, Uttar Pradesh.

